



**Babes Helpin' Babes works with company leadership and employees to address, discuss and solve problems of diversity, equity and inclusion in the workplace.**

**Email:** [contact@babeshelpinbabes.com](mailto:contact@babeshelpinbabes.com)

**Phone:** 913.957.6739

**Instagram:** @babeshelpinbabes

***To put it simply, you can't fix what you don't talk about.***

According to a recent study, 70% of employees are avoiding difficult conversations with their boss, colleagues or direct reports, leading to a loss in eight days or approximately \$7500 of company value per year per employee.\* In order to create a more diverse, equitable and inclusive workplace, employees need to feel empowered to have uncomfortable conversations at work.

***Abby's leadership helped our firm begin to have the crucial conversations needed to create the kind of culture we wanted. The conversations weren't always comfortable. But Abby has a way of balancing accountability with empathy and that lets people really open up. Change starts with some good, long looks in the mirror, and Signal Theory is better because of the work we've done with Abby and Babes Helpin' Babes.***

***John January, Co-CEO at Signal Theory***



***Whether you're the CEO or an employee, we offer a variety of programs scaled to fit your company's diversity, equity and inclusion (DEI) goals.*** Most organizations start with a single class to get a feel for the structure, after that we'll work together to develop a custom program or help you select an off-the-shelf course to fit your needs.

## **Coaching**

Best for: Employees and HR directors who have been working on the company's DEI initiatives but could use an outside perspective on how to keep encouraging change.

**Pricing:** Starts at \$80  
**Commitment:** 30/60 mins

## **Consulting**

Best for: C-Suites and leadership teams who want to start making company-wide change but could use an outside perspective on how and where to start.

**Pricing:** Starts at \$80  
**Commitment:** 30/60 mins

## **Classes**

Best for: Those who know where they have room to grow and are ready to have honest, in-depth conversations about their workplace.

**Pricing:** Starts at \$500  
**Commitment:** 90 mins

## **Chapters**

Best for: Companies that have invested in a variety of BHB classes, coaching and consulting, and are ready to shift culture and challenge norms on a daily basis.

**Pricing:** Starts at \$10k  
**Commitment:** 1-year

\*Vital Smarts "Costly Conversations: Why the Way Employees Communicate Will Make or Break Your Bottom Line" December 6, 2016